



# SPA MENU

*Relax. Refresh.  
Rejuvenate.*

Hotel  
du Vin  
& Bistro

The background of the entire page is a repeating pattern of stylized, teal-colored leaves with detailed vein structures, set against a dark teal background. The leaves are arranged in a dense, overlapping manner, creating a natural and serene atmosphere.

### Pool Usage

Pool use is offered on a complimentary, first come first served basis for hotel and spa day package guests. Whilst we welcome all ages to the pool, guests under the age of 18 must be accompanied by a responsible adult.

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### Medical

Please make our spa team aware of any medical conditions or allergies at the time of booking, this includes any recent surgery and pregnancy.

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### Booking & Cancellation

Full payment is required at the time of booking for all treatments and spa packages. Cancellations need to be received at least 48 hours prior to your booking to reschedule or refund.

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### Treatment times

All treatment time includes pre-treatment consultation and aftercare.

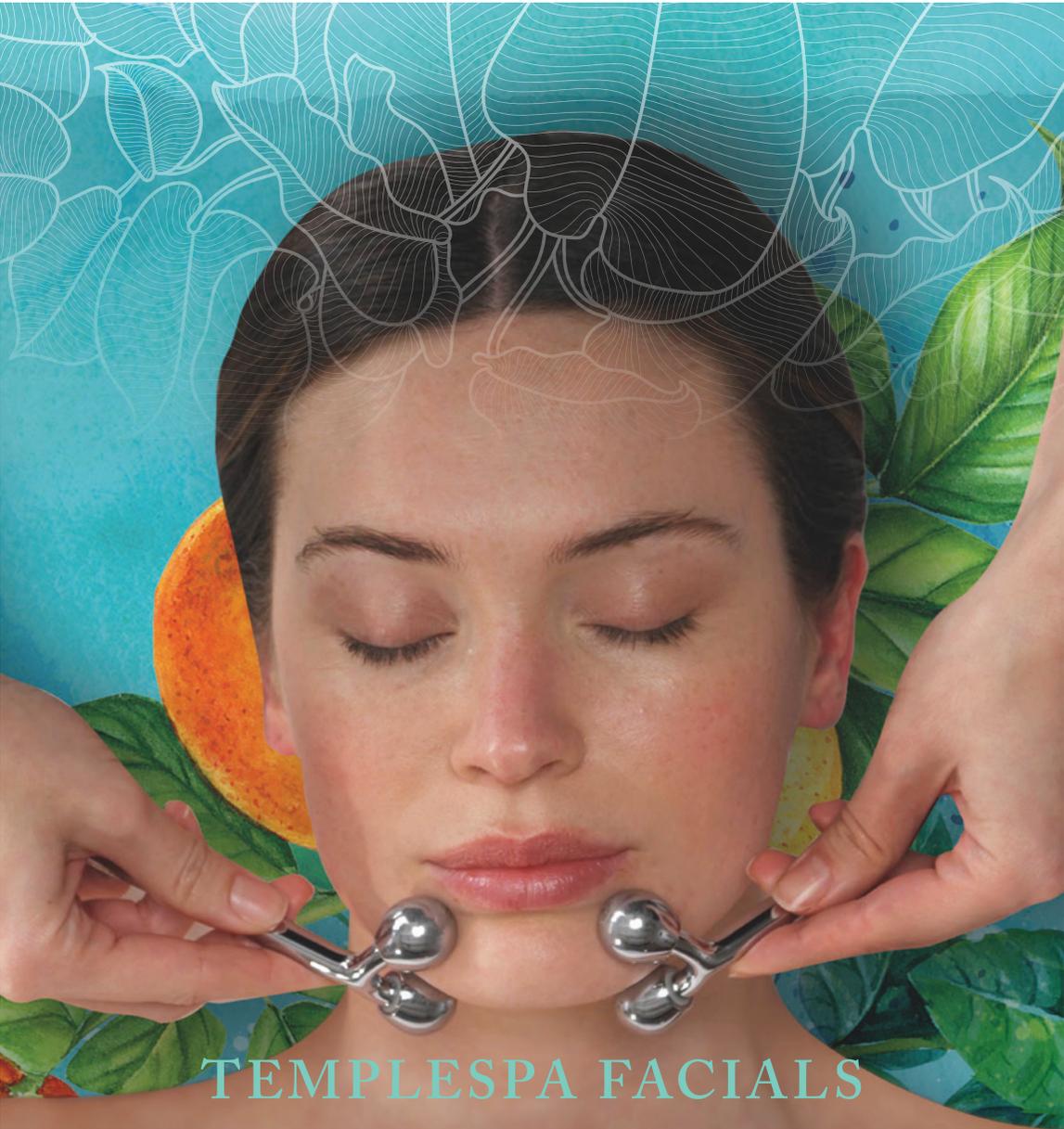
# WELCOME TO THE SPA AT HOTEL DU VIN EXETER

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If you're looking for a quick fix, regular beauty maintenance, luxurious spa day or even the perfect place for that special occasion, Hotel Du Vin Spa is the place you have been searching for, offering the very best in luxury Spa and Beauty treatments. Pamper yourself with our range of relaxing TEMPLESPA face and body treatments and day spa packages. This is the inner-city escape you've been looking for.

**TO ENQUIRE OR MAKE A BOOKING  
PLEASE CONTACT THE SPA**

01392 790120 option 6 | [spa.exeter@hotelduvin.com](mailto:spa.exeter@hotelduvin.com)



## TEMPLESPA FACIALS

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our TEMPLESPA experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

### TEMPLESPA All About The Glow

Glow and Radiance Facial. This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling and brighter, healthy-looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by Vitamin C and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin.

#### VIT C SKIN WORK OUT FACIAL

30 minute treatment £60 | 60 minute treatment £90

### TEMPLESPA Repose

Relax and Restore Facial. There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial includes a relaxing face massage and eye treatment followed with hot oil scalp massage, plus a hand and arm massage. Want to look and feel less tired? Then this is for you.

#### INDULGENT WELLBEING AROMATHERAPY FACIAL

75 minute treatment | £95

### TEMPLESPA Champagne & Truffles

Smooth and Firm Facial. A luxury facial that combines our award-winning truffle skincare with our specialist lifting massage techniques that together iron out deep lines and wrinkles, help to strengthen muscle tone and reduce puffiness. You'll have something to celebrate. The 90 minute version includes an exquisite cooling alginate mask and rose quartz massage therapy. Add a glass of fizz and a delicious chocolate truffle to complete the luxury and help you relax.

#### CRÈME DE LA CRÈME RADIANCE FACIAL

60 minute treatment £90 | 90 minute treatment £105

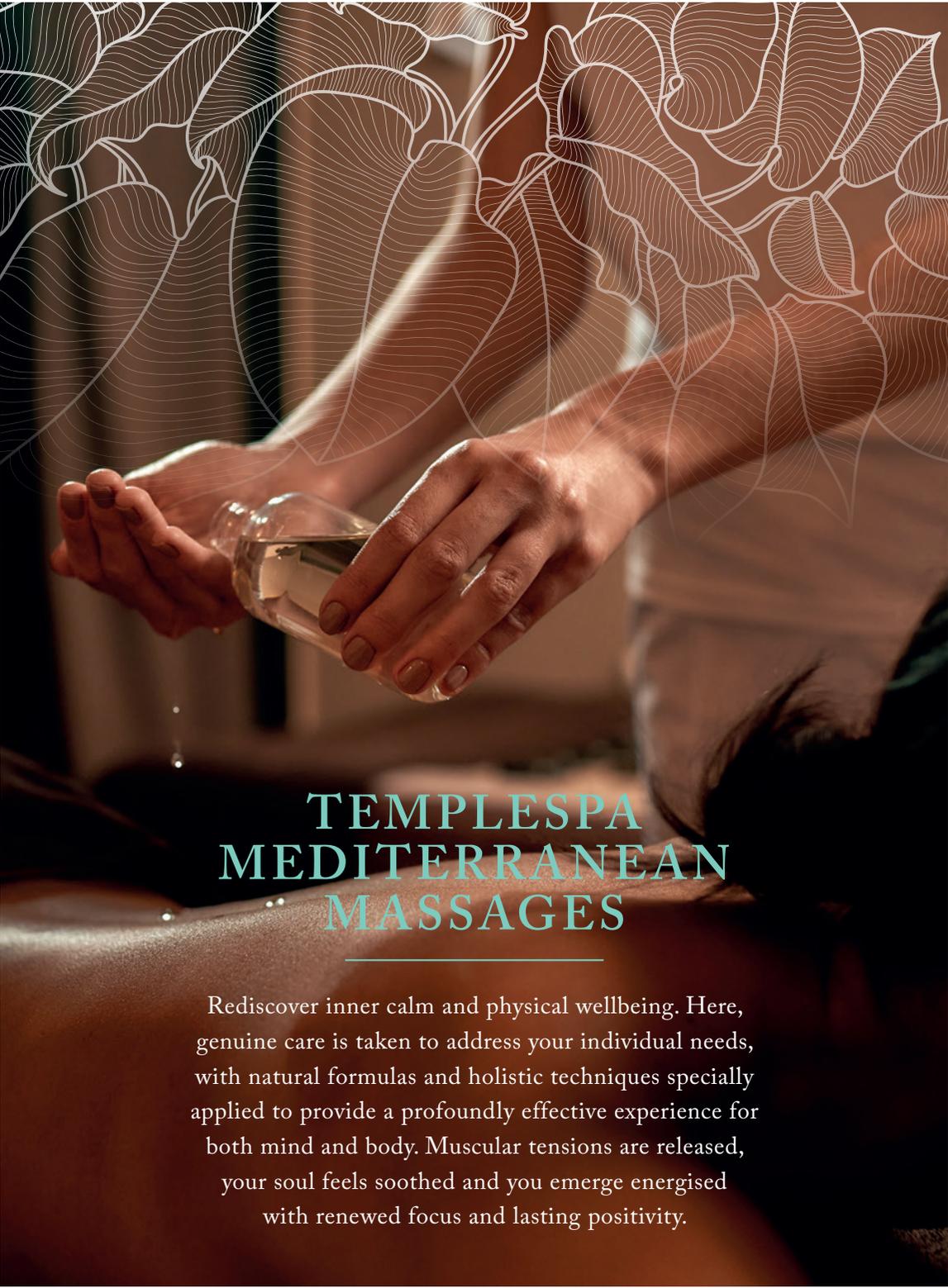
### TEMPLESPA My Kinda Skin

Prescription Facial. Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage.

You will feel amazing and your skin transformed.

#### A BESPOKE PRESCRIPTION FACIAL

30 minute treatment £50 | 60 minute treatment £80



## TEMPLESPA MEDITERRANEAN MASSAGES

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

### TEMPLESPA Work It Out

Reviving Deep Tissue Massage. A detoxifying, deep tissue massage that works out tired, aching muscles and overworked limbs. Using the ingenious WORK IT OUT muscle-tox massage oil with Mediterranean essential oils of juniper, lavender and cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out – untangle knot and ease tension and tightness. Better all round!

DETOXIFYING/MUSCLE WORKOUT

30 minute treatment £50 | 60 minute treatment £77

### TEMPLESPA Rocks of the Mediterranean

Relax and Restore Hot Stone Massage. Using thermal basalt stones this glorious, warming treatment works on energy points located throughout the body to rebalance and harmonise. Muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just have to have at least once in your life. Simply heavenly!

HOT STONE MASSAGE | 75 minute treatment | £99

### TEMPLESPA New Beginnings

Pregnancy Massage. Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy.

Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed. The treatment is topped off with a relaxing face and scalp massage leaving your skin feeling baby soft all over.

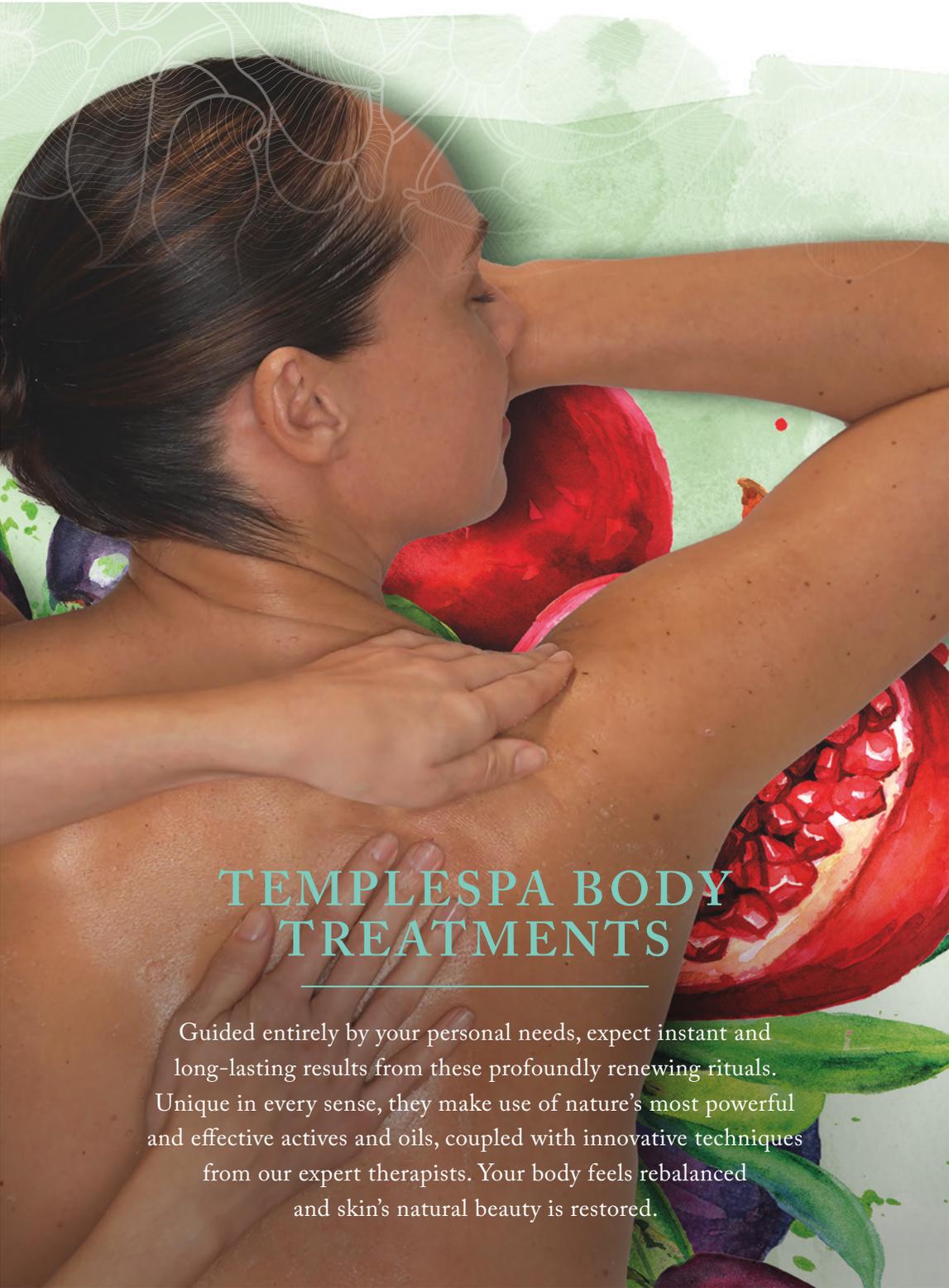
You never know, your little bambino might enjoy the sense of calm too!

MOTHER TO BE MASSAGE | 60 minute treatment | £77

### TEMPLESPA Drift Away

Relaxing Aromatherapy Massage. This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including frankincense, lavender and patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our award-winning aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away... stay awake if you can zzzzzzz!

RELAXING | 30 minute treatment £45 | 60 minute treatment £72

A woman is shown from the back, receiving a massage. Her hair is pulled back, and her eyes are closed. The background features a soft green wash and a detailed illustration of a pomegranate with its seeds. The text 'TEMPLESPA BODY TREATMENTS' is overlaid in a light teal color.

## TEMPLESPA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

### TEMPLESPA The Body Detox

Purify and Balance Body Treatment. This heavenly treatment starts with lymphatic body-brushing, then warm vitamin and mineral rich purifying mud is smoothed all over the body. Once cocooned in this cosy wrap, you'll relax with a glorious face and scalp massage. Wallowing in mud never felt soooo good!

PURIFYING & HYDRATING BODY WRAP

60 minute treatment | £70

### TEMPLESPA The Outer Glow

Glow and Radiance Body Treatment. An invigorating and refreshing all over exfoliation treatment that leaves skin soft, revitalised and hydrated. The perfect way to prep your skin for a massage and an absolute must before your holiday or a special event. Off you glow!

FACE & BODY EXFOLIATION

45 minute treatment | £65

### TEMPLESPA AAAHHH

Revive and Energise Foot and Leg Treatment. This oh-so-good treatment is instant relief for tired, over worked legs and feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub! Wonderful add-on to another treatment.

LEG & FOOT ENERGISER

30 minute treatment | £45

# TEMPLESPA RITUALS

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Why not add on use of the heated outdoor pool and relaxation room all day for £15 per person?\*

## TEMPLESPA My Kinda Mood

Prescription Face and Body Experience. Not sure what you'd like? Then this is the ideal treatment for you. First, we'll help you choose the aromatherapy oil to match your mood. Then we'll take care of you with a tailored, results-driven full body massage, followed by a bespoke facial. Step off the bed feeling all the better for it.

FACIAL & BODY MASSAGE | 120 minute treatment | £130

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## TEMPLESPA Your Best You

Hydrate and Soothe MenoPause Body Treatment. This unique top-to-toe treatment is bespoke to you. The gentle, caring massage uses a combination of expert therapist hands and Himalayan salt stones with TEMPLESPA Hydrating and Soothing Skincare to support stress relief, increase energy, and positively boost your mood. Rhythmic stretches, and gentle joint rotation rescue achy limbs and a gentle lymph drainage facial reduces puffiness to leave skin fresh and feeling beautiful.

MENOPAUSE TREATMENT

60 minute treatment £75 | 90 minute treatment £110

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## TEMPLESPA New Beginnings Total Retreat

Pregnancy Face and Body Experience. This is our specially designed treatment for expectant mummies to enable your full body to be massaged and treated without having to lie on your tummy. We follow this with a delicious face treatment packed with wonderful natural ingredients. Finally, your legs will be revitalized with our leg energiser treatment that is perfect for swollen ankles and tired legs.

150 minute treatment | £175

\*Only applicable with TEMPLESPA ritual treatments

# TEMPLESPA SIDE ORDERS

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Have you ever had a treatment and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we offer a targeted selection of "add ons" to your main treatment. These can be added to any facial, massage or body treatment.

## REPLENISHING EYE RITUAL

15 minute treatment | £20

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## TARGETED BODY EXFOLIATION

30 minute treatment | £45

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## PURIFY & BALANCE FOOT RITUAL

15 minute treatment | £20

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## HYDRATE & SOOTHE HAND RITUAL

15 minute treatment | £20

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## RELAX & RESTORE HOT STONE NECK & SHOULDER MASSAGE

15 minute treatment | £20

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## RELAX & RESTORE HOT OIL SCALP MASSAGE

15 minute treatment | £20

# SPA DAY PACKAGES

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The perfect way to unwind and relax, any day of the week. Indulge and pamper yourself with one of our luxury spa day packages. From little spa treats to ultimate top-to-toe experiences, we have something for everyone. All our spa packages include unlimited use of the heated outdoor pool and relaxation room. Towels and robes will be provided.

Please bring your own suitable flip flops or slippers.

## A Little Piece of Heaven

Choose one of the following 30 minute treatments: TEMPLESPA My Kinda Skin facial, TEMPLESPA AAAHHH! Leg & Foot Energiser, scalp massage, TEMPLESPA Drift Away Back Massage, Mini manicure or Mini pedicure.

Unlimited use of the heated outdoor pool and relaxation room, towel and robe | 2 course spa lunch in our restaurant

Weekday | £84 per person

Weekend | £94 per person

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## Tranquili-Tea

Choose two of the following 30 minute treatments: TEMPLESPA My Kinda Skin Facial, TEMPLESPA AAAHHH Leg & Foot Energiser, scalp massage, TEMPLESPA Drift Away Back Massage, Mini manicure or Mini pedicure.

Unlimited use of the heated outdoor pool and relaxation room, towel and robe | Classic afternoon tea in our restaurant

Weekday | £115 per person

Weekend | £125 per person

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## Hotel du Vin Spa Retreat

Choose one of the following 60-minute treatments: TEMPLESPA My Kinda skin Facial, TEMPLESPA Drift Away Full Body Massage, TEMPLESPA Face & Back Combo, TEMPLESPA Scalp & Back Combo, Mini manicure or Mini pedicure.

Unlimited use of the heated outdoor pool and relaxation room, towel and robe | 2 course lunch, chocolates and glass of bubbles

Weekday | £110 per person

Weekend | £120 per person

## It's All About Me

TEMPLESPA Targeted Full Body Exfoliation, TEMPLESPA Drift Away Full Body Massage and TEMPLESPA My Kinda Skin Bespoke Facial.

Unlimited use of the heated outdoor pool and relaxation room, towel and robe | 2 course spa lunch, chocolates and glass of bubbles in our restaurant

Weekday | £199 per person

Weekend | £209 per person

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## Mum To Be Retreat

TEMPLESPA PREGNANCY FACE & BODY EXPERIENCE.

Suitable for guests after the first trimester of their pregnancy, or as a postnatal pamper. We do not advise use of the jets in the pool during any stage of pregnancy.

Unlimited use of the heated outdoor pool and relaxation room, towel and robe | 2 course spa lunch or afternoon tea in our restaurant

Weekday | £199 per person

Weekend | £209 per person

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## Ultimate Sparty Experience

Whether you are planning a hen celebration, a baby shower, a work event, or simply a memorable gathering with friends, we offer the ideal experience to help you relax, reconnect, and celebrate in style.

Your package includes a Temple Spa workshop, a Temple Spa cocktail served on arrival, a delicious afternoon tea, full use of the pool, and exclusive use of a private room for the entire day.

£65 per person | Minimum group size of five guests

To book please call the spa on 01392 790 120 option 6  
or email [spa.exeter@hotelduvin.com](mailto:spa.exeter@hotelduvin.com)

## Overnight Spa Packages

Choose one of the following 30 minute spa treatment per person:  
TEMPLESPA My Kinda Skin Facial, TEMPLESPA AAAHHH!  
Leg and Foot Energiser, scalp massage, TEMPLESPA Drift Away  
Back Massage, file and polish hands or file and polish feet.

Use of our heated outdoor pool throughout your stay and the  
relaxation room following your treatment

Accommodation | 2 course meal | Full cooked breakfast | Cocktail per person

## Sunday Slumber

Choose one of the following 30 minute spa treatment per person:  
TEMPLESPA My Kinda Skin Facial, TEMPLESPA AAAHHH!  
Leg and Foot Energiser, scalp massage, TEMPLESPA Drift Away  
Back Massage, file and polish hands or file and polish feet

Use of our heated outdoor pool throughout your stay and  
enjoy our relaxation room following your treatment

Accommodation | Full cooked breakfast



**DON'T SEE A PACKAGE THAT  
SUITS YOUR NEEDS?**

Please call us and we can happily create a bespoke package for you!

To book an overnight spa package please call 0330 016 0390  
or email [theteam@HOTELDUVIN.com](mailto:theteam@HOTELDUVIN.com)

# HANDS & FEET

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Using Vinylux polish, a two-step, fast drying and long lasting 7-day wear and Shellac gel polish; a superior nail service with 14-day gel nail system.

## Vinylux Prescriptive Manicure

Nail and cuticle tidy, hand and arm massage and application of colour.  
30 minute treatment | £35

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## Vinylux Deluxe Manicure

Incorporating the prescriptive manicure, thermal mittens are then applied with a deeply nourishing hand mask, softening the skin and improving circulation.  
60 minute treatment | £50

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## Vinylux Prescriptive Pedicure

Nail and cuticle tidy, foot and leg massage and application of colour.  
30 minute treatment | £35

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## Vinylux Deluxe Pedicure

Incorporating the prescriptive pedicure, thermal booties are then applied with a deeply nourishing foot mask, softening the skin and improving circulation.  
60 minute treatment | £50

*Upgrade to shellac with any of the above for an additional £10 per service*

Vinylux file & polish hands | 15 minutes | £20

Vinylux file & polish feet | 15 minutes | £20

Shellac application only | 40 minutes | £35

Shellac soak off only | 45 minutes | £20

Shellac soak off & application | 60 minutes | £50

French nails extra time | 15 minutes | £5 additional charge

# BEAUTY ESSENTIALS

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## Eyes

Eyelash Tint | £15

Eyebrow Tint | £10

Eyebrow & Eyelash Tint | £20

Lash Us Lash Lift & Tint | £40

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## Waxing

Eyebrow Shape & Tidy | £10

Lip or Chin | £10

Underarm | £15

Forearm | £20

Half Leg | £20

Full Leg | £25

Bikini Line (Regular) | £15

Brazilian | £20

Extended Brazilian | £28

Hollywood | £32

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## Men's Waxing

Chest | £25

Back | £25



# ESSENTIAL INFORMATION & ADVICE

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## Spa Opening Hours

Sunday to Friday – from 10:00am-6:00pm  
Saturday – from 9:00am-6:00pm

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## Pool Facilities

We offer guests use of our outdoor heated pool area and small indoor hydra jet pool. These facilities are open daily from dawn until dusk. Please note that we reserve the right to close the pool at any time should essential maintenance be required.

The pool is heated to a minimum of 27 degrees and whilst we make every effort to maintain the temperature, we are unable to guarantee that this temperature remains consistent.

Pool use is complimentary for our hotel guests. We charge £10pp for guests booking non-package spa treatments (excluding waxing and beauty essentials).

Pool use is included in the price for our guests booking a spa package.

Please check pool availability when booking as this cannot be guaranteed.

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## Footwear

For health and safety reasons, all spa clients are kindly asked to bring suitable footwear for poolside use, such as flip-flops.

## Booking Information

For further information or to make a booking, please contact the team:  
01392 790120 (option 6) | [spa.exeter@hotelduvin.com](mailto:spa.exeter@hotelduvin.com)

You can also find our spa brochure with full treatment details and prices on our website: [HOTELDUVIN.com/Exeter](https://HOTELDUVIN.com/Exeter)

Please note, all packages are subject to availability.

In order to secure your booking, full payment will be taken at the time of booking via a secure payment link. Please note that any deposit or pre-payment taken is non-refundable if you cancel less than 48 hours prior to your booking.

Changes to individual appointments are permitted up to 48 hours in advance of your booked treatment. Changes to group bookings are permitted up to 7 days prior.

Should you need to cancel an appointment with less than 48 hours notice, we reserve the right to charge in full for the booked treatment if we are unable to re-sell the allocated time.

All spa package bookings will be confirmed via email, which will include essential information regarding your visit. Please be sure to read all the information carefully in advance of your visit.

Please note, all treatments are subject to the availability of our trained therapists.

All treatment times include consultation and aftercare advice.

\* We reserve the right to close the pool at any time if we deem it necessary for safety reasons.

\*\* For those under the age of 18, we offer a mini manicure or pedicure only.  
The young person must be accompanied by a responsible adult.



**HOTEL DU VIN EXETER**

[spa.exeter@hotelduvin.com](mailto:spa.exeter@hotelduvin.com)

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[HOTELDUVIN.com/Exeter](https://HOTELDUVIN.com/Exeter)